

# EAP SERVICES

H&H HEALTH ASSOCIATES, INC.

*Helping people conquer life's challenges.*



## Advantages of offering an Employee Assistance Program...

Today, there are many reasons for adding an EAP to Employee Benefit Plans. The advantages of Employee Benefit Programs and Wellness Programs far exceed the disadvantages. In today's economy, rising health care costs are at the forefront of critical issues facing our population.

Years of research and outcome studies have shown striking evidence that the EAP will tend to improve employee overall morale and lead to a more energetic, positive and productive workplace, reduce employee turnover, and reduce overall health care costs.

**Healthy employees work better and, in turn, provide gains for the company/organization.**



## Benefits of an EAP...



- Attractive Benefits Package
- High return on investment
- Lower medical claims
- Decreased use of mental health insurance
- Increased employee productivity
- Reduced absenteeism, tardiness and sick leave
- Reduced turnover
- Reduce risk of litigation
- Decreased workplace violence
- Improved employee morale
- High quality services at a low cost

To learn more about how our services can be of value to your organization, please contact us at...

800.832.8302 / [www.hhhealthassociates.com](http://www.hhhealthassociates.com)

**WE'RE HERE TO HELP**

**H&H**  
HEALTH ASSOCIATES®